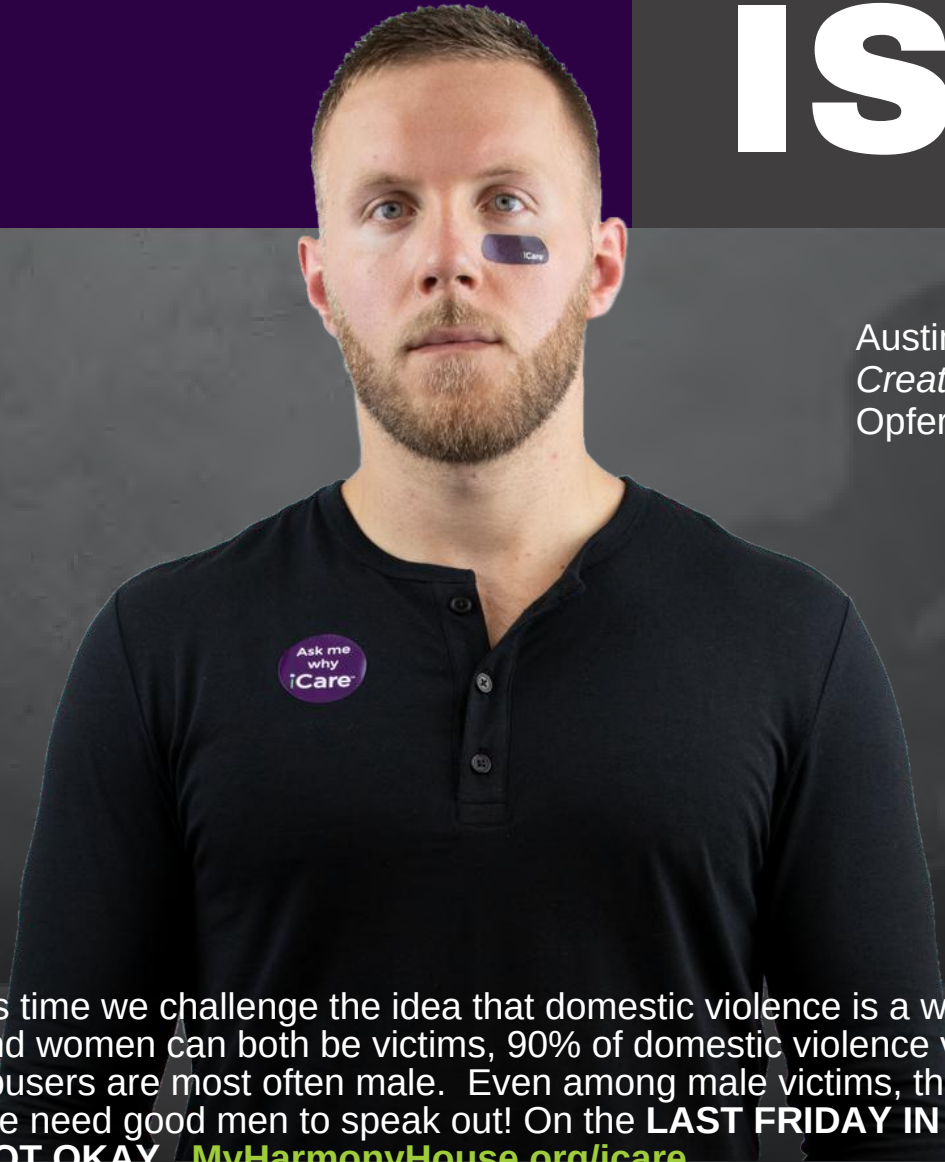


iCare™

# VIOLENCE AGAINST WOMEN IS A MEN'S ISSUE



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It's time we challenge the idea that domestic violence is a woman's issue. Although men and women can both be victims, 90% of domestic violence victims are women; and the abusers are most often male. Even among male victims, the majority of abusers are male. We need good men to speak out! On the **LAST FRIDAY IN OCTOBER**, join us to say **IT'S NOT OKAY**. [MyHarmonyHouse.org/icare](http://MyHarmonyHouse.org/icare)

## STAND UP. SPEAK OUT. GET INVOLVED.

- Men can help end domestic violence by mentoring and teaching young boys how to be a man without degrading or disrespecting women.
- Be an ally to women who are working to end all forms of gender violence
- DON'T REMAIN SILENT if a male friend or relative is abusing his female partner! (MVP Strategies)

IF YOU NEED HELP NOW, CALL **800.831.6863**

