

# iCare™

# WHEN SHE SAID "I LOVE YOU" SHE MEANT "I CONTROL YOU"



*Survivor*

Domestic Violence and Intimate Partner Violence do not discriminate based on gender identity. In fact, it happens far more often than you might imagine. 1 in 4 men are victims of physical violence, sexual violence and/or stalking. And men often have been taught not to express their feelings or see themselves as victims. On the **LAST FRIDAY IN OCTOBER**, join us to say **IT'S NOT OKAY**. [MyHarmonyHouse.org/icare](http://MyHarmonyHouse.org/icare)

## STAND UP. SPEAK OUT. GET INVOLVED.

Male victims may believe that support services are only available for women. But you are not alone! Harmony House provides shelter and services to all victims of abuse regardless of gender identity. The first step is to reach out for support.



Harmony House

IF YOU NEED HELP NOW, CALL

**800.831.6863**

Presented by:

