

iCare™

IT'S JUST ALWAYS BEEN THIS WAY



Cheryl Briggs  
Owner  
DermaHealth

Domestic violence can run through generations of a family, with survivors unaware that what they are experiencing is wrong. Those who experience abuse either absorb the pain or they pass it on to others. On the **LAST FRIDAY IN OCTOBER**, join us to say **IT'S NOT THIS WAY ANYMORE**. [MyHarmonyHouse.org/icare](http://MyHarmonyHouse.org/icare) **TO DONATE: TEXT HHICARE TO 44321**

**MAKE A DIFFERENCE FOR FUTURE GENERATIONS**

"If you were emotionally, physically, or sexually abused as a child or adolescent, or if you experienced neglect or abandonment, it isn't a question of whether you will continue the cycle of abuse or neglect, it is a question of how you will do so—whether you will become an abuser or continue to be a victim." Psychology Today



IF YOU NEED HELP NOW, CALL

**800.831.6863**

Presented by:

