

iCare™

WE CAN ALL PLAY A ROLE IN ENDING IT



Cheryl Briggs, Melissa, and Amy
DermaHealth

While the responsibility for domestic violence always lies with the abuser, we can all play a role in ending it. Each of us can challenge the norms and behaviors that contribute to a culture of violence. On the **LAST FRIDAY IN OCTOBER**, join us to say **IT'S NOT OKAY**. MyHarmonyHouse.org/icare

TO DONATE: TEXT HHICARE TO 44321

RECOGNIZE | RESPOND | REFER

Recognize the warning signs | Listen without judgement | Offer resources such as the Harmony House hotline | Let them know they are not alone.



IF YOU NEED HELP NOW, CALL

800.831.6863

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