

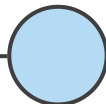
What is Domestic Violence?

Domestic Violence is when one person in an intimate relationship exhibits a pattern of abusive behavior over time in order to manipulate and control the other.



What are some red flags?

- Resolves conflict with intimidation, bullying or violence
- Breaks or strikes things in anger
- Says things that are meant to be cruel, hurtful, and degrading
- Has extreme jealousy
- Wants all of your time, attention, and energy focused on them
- Claims you're too sensitive when you express your feelings
- Does not accept responsibility for his or her mistake
- Blames you for how they treat you, or for anything bad that happens
- Controls who you see, where you go, or what you do
- Keeps you or discourages you from seeing your friends or family
- Takes your money or refuses to give you money for expenses
- Tells you that you are a bad parent or threatens to harm your children
- Prevents you from working or attending school
- Threatening to hurt or kill you
- Pressures you to have sex when you don't want to
- Pressures you to use drugs or alcohol



Do you need help?

If this is happening to you, **it is *not* your fault.**
Access our **free, confidential services 24/7**
by calling **417-864-SAFE.**



For more information, visit myharmonyhouse.org